

Fighting Hunger by Harvesting Fresh Fruit & Vegetables  
**MID-ATLANTIC GLEANING NETWORK**

P.O. Box 9871 Alexandria VA 22304

[www.mid-atlanticgleaningnetwork.org](http://www.mid-atlanticgleaningnetwork.org)

Dear Northern Virginia Agencies,

We would like to introduce ourselves to you. I'm sure you know how important free fresh fruits and vegetables are to low-income and homeless individuals, children, families, and communities, and how valuable it is to them in today's market. That's what we do. We get the produce to those in need, but we need your help.

The Mid-Atlantic Gleaning Network (MAGNET) works with farmers, and other food sources to receive edible and nutritious fruits and vegetables for those less fortunate. Then we have volunteers and agencies, like yourselves, who help us get the produce directly to them. These are the ways in which we do this:

**Gleaning Events**

- Volunteers can come to the warehouse to repackage loose produce into containers such as bags or boxes
- Volunteers can come out to the field to pick and pack produce
- Volunteers can take away produce for themselves, if they are low income or homeless, or take some back to people in their community who are

**Warehouse scheduled pickups for Agencies** -- Organizations can come to the warehouse on scheduled days to pick up produce

**Community Distributions** -- MAGNET can bring a truckload to a community for distribution to low income and homeless people

**Food Banks** -- MAGNET or the Food Bank trucks can take produce to the food banks

*During the next couple of months we expect to be harvesting: greens, sweet potatoes, corn, cabbage, squash, zucchini, eggplant, peppers, tomatoes, string beans, watermelon, and many other beautiful fruits and vegetables.*

**Individuals** please call our Recorded Announcement line to the left, and just show up. Always check the line the night before to make sure it hasn't changed, and leave a message a day or two ahead of time, so we can get you directions if you need them.

**Large groups** should get on the calendar with our DC Gleaning Coordinator, Janie Boyd, at our DC office number, also to the left.

If you would need any more information, please call Hope at 703-541-9052, or email us at [magnet@vacoxmail.com](mailto:magnet@vacoxmail.com).

We would love to get have you join us in serving the "least of these". --- **Your friends at MAGNET**

**Have you gleaned lately?!!!**

Gleaning, a centuries old Biblical concept, puts people of all ages into local fields and orchards to pick fruits and vegetables that remain after the harvest. Then, gleaners distribute this produce to those in need.

Gleaners are people of all ages, rich and poor, givers and receivers, young and old, who have a chance to give of themselves. Organizations that glean include churches, clubs, businesses, schools, senior citizen groups, etc. The whole community can corporately join together and really make a difference by helping hungry people in the greater Washington DC area and beyond.

Gleaned food gets to people who need it. Gleaners pick for others and for themselves. Produce is sent to agencies who work with the hungry. In some communities, produce is delivered to food banks that distribute food through a network of agencies. Groups that glean may select the organizations to receive gleaned produce.

Historically, gleaning began in the Washington DC area in 1988 as a result of a conference held by national and local leaders concerned with hunger in our nation's capital. Initially, the Society of St. Andrew, a national hunger organization, sponsored gleaning in the Washington DC area beginning in 1988. Today, as an outgrowth of these efforts, the Mid-Atlantic Gleaning Network is established as a nonprofit organization to conduct gleaning in the National Capital region. Annually, we provide more than 3 million pounds of fresh fruits and vegetables to hungry people in our area. The Network continues to expand with the support of individuals, groups, and farmers who have caught a vision of a world without hunger.

What can you do? Write or call if you're interested in being part of the Mid-Atlantic Gleaning Network. We need your help: as gleaners in the fields, as planters, as members of our support teams, as donors of time, talents, and resources, and making our vision a reality!



**Gleaning Schedule Recorded**

**Announcements:**

703-370-0155

410-426-1597

**Main Office:**

703-541-9052

**Maryland Office:**

301-203-5934

**Maryland Fax:**

301-203-9483

**Virginia Office:**

703-541-9052

**Baltimore**

**Gleaning**

**Coordinator:**

410-542-1782

**Baltimore Fax:**

410-367-2874

**DC Office and Fax:**

202-234-9577

**Executive Director:**

703-780-7809

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[gleanit@yahoo.com](mailto:gleanit@yahoo.com)



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