

Missions Unlimited Annual Meeting

All women invited!

Saturday, March 13, 2010
2:00 p.m.

Haymarket Baptist Church
14800 Washington Street
Haymarket, VA 20169

- Special Speaker—Kristen White, Student Missions Coordinator, Women's Missionary Union of Virginia
- Afternoon Tea
- Silent Auction on gift baskets donated by churches with all proceeds for missions
- Childcare provided



For more information,
contact Patty Carey,
Missions Unlimited Director,
pattycarey@comcast.net



News Around the Network -

Congratulations —

- **Rev/Dr Sanford Beckett** celebrating 15 years on our association's staff as Associate Director/Team Leader with Education and Partnerships on March 1, 2010.
- **Jackie Harris** celebrating 10 years on our association's staff as Administrative Assistant/Demographer on February 1, 2010.

Positions Available —

- **Columbia Baptist Child Development Center** is seeking a Director, full time. Contact Kim Cherry, cherry.ab@starpower.net.
- Summer Employment: **Columbia Baptist Church** is looking for camp counselors for elementary aged kids from June 14—August 13, 2010. Contact Tammy Burgess, tburgess@columbiabaptist.org, or 703-534-5740, ext 309.
- **Oak Dale Baptist Church** is looking for a part-time accompanist/worship leader. Contact Pastor Erik Davidson, 703-754-4784, revejd@gmail.com.
- **Plymouth Haven Christian Preschool** needs PT Office Assistant. Contact church at 703-360-4370, send resume to preschoolBOD@plymouthhaven.org, or fax 703-360-4132.

Items Needed —

- Holy Fire Mission Church needs donations of computers (laptops or desktops) to take to Africa on their mission trip during Spring Break in March.

Disaster Response Training

Led by Virginia Baptist Mission Board

When: March 20, 2010
Location: First Baptist Church of Alexandria
2932 King St., Alexandria, VA 22302
Cost: \$15.00
Time: 9:00 a.m.—3:30 p.m.

There will be a feeding unit and water treatment trailer on display for the training. Break-out sessions: Feeding Unit, Water Purification, Mud-out/Recovery, Childcare

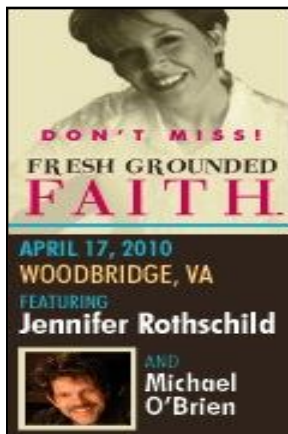
Register at www.fbcalexandria.org. Payments online require a \$1 credit card fee. For additional information, contact Karen Parsons in the Missions office at 703-299-3610.

Ministers & Administrative Professionals Appreciation Luncheon—

Tuesday, April 27, 2010
11:00 a.m.

Plymouth Haven Baptist Church
Cost: TBD

RSVP to Annandale office by April 20th



Fresh Grounded Faith with Jennifer Rothschild!

WARM YOUR HEART, AWAKEN YOUR SPIRIT

Saturday, April 17, 2010
9:00 AM – 4:00 PM

Hosted by NorthStar Women's Network at
First Baptist Church of Woodbridge
13600 Minnieville Road, Woodbridge, VA 22193

Special Guests include: Jennifer Rothschild, Featured Speaker; Michael O'Brien, Worship Leader; and Abby Rike from the "Biggest Loser"

Spanish and Korean translation and Deaf interpretation will be available at the conference.

Tickets

Now thru March 22: \$36

After March 22: \$46

At the Door: \$59

Group Tickets: Buy 10, Get 1 FREE!

Chick-fil-A Lunch Included

Register

Internet: www.FreshGroundedFaith.com

Phone: 800-859-7992

Mail: download form at www.FreshGroundedFaith.com

In person: FBC Woodbridge

Contact: Katie Harding for any additional information, Katie@northstarwomensnetwork.org

Church Staff Health Group — sharing ways to build a harmonious church staff

Memorial Baptist Church, Rev. Katie McKown, Associate Pastor of Youth & Children writes....

A Healthy, Happy Church Staff in Only Two Steps!

The title of this article is hokey—as if healthy, happy church staff members are made and shipped to you for seven installments of \$19.95. If *only* it was that easy! These steps are not the end-all, be-all but they are a start!

Step one: Have fun *together*. Ministry is hard work. It is good work, but it is hard work. Can I get an Amen? And sometimes in the midst of weddings and funerals and baptisms and picnics, we forget to let our proverbial hair down and have fun. More importantly, we forget to have fun as a church staff *together*.

Making this happen will require planning ahead. Everyone is busy. Toddlers in Northern Virginia are busy. Check their iPhones if you don't believe me. Everyone is busy, so plan ahead! Last summer our church staff tried to go to a Nationals game, but our schedules wouldn't allow it. Our solution? Go to the circus in May and the opera in August! The circus might not be your idea of a good time. The opera really might not be your idea of a good time, but our goal was accomplished: We had fun *together* both times. The point really isn't where or what. It's who—that our staff is *together*. We ate cotton candy and wore clown noses. When we couldn't see the English translation of the opera, we wondered aloud at its meaning! Both times we shared a meal. Both times we had fun *together*.

When you have fun *together*, you will almost immediately have a healthier, happier staff. Fun time spent *together* builds relationships, which make difficult moments much easier to navigate *together*.

Step two: Share your lives *with each other*. About a year ago, we began an intentional sharing time in our staff meeting. The words "sharing time" may bring juice boxes and kindergarten to mind or cause you to giggle, but whatever you decide to call it, here's what should happen: Carve out an intentional time to listen to one another and share what's happening in your lives. Invite staff members to share ups and downs and ins and the outs of their personal lives. Congratulate one another on the birth of a grandchild. Mourn together at the loss of a friend. Laugh. Make jokes (or at least attempt them). Rejoice and weep together. Spend time praying with and for one another.

Challenge yourself to be vulnerable and fully participate in sharing time...even when you don't feel like it. Let's be honest: Working in close proximity with one another will cause some annoyances. Frustration amongst work colleagues who care for one another is much easier to deal with than built up anger amongst people that merely work at the same place.

At first sharing time might seem a little forced, but slowly and surely your staff will come to anticipate this time of intentional listening to one another.

So, put on your dancing shoes. Break out the Caps jerseys. Arm yourself with a paintbrush and attack some pottery together. Have fun with your church staff! And in the midst of it all, share yourself with those whom you labor alongside. Resolve to make 2010 a year that your staff is healthier and happier.

Attention all who receive this newsletter:

We are researching the use of Constant Contact for our monthly newsletter. Would you prefer receiving our newsletter via email? If yes, AND you do not already receive our weekly e-blasts, please send an email to Jackie Harris, jharris@northstarchurchnetwork.org, requesting to be included in this Group list.





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703-941-6822 or 800-843-1490.**

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**Ministers and Administrative Professionals
Appreciation Luncheon**

April 27, 2010

11:00 a.m.

Plymouth Haven Baptist Church

RSVP by April 20 to Annandale office



Calendar of Events

March

- 2nd - NorthStar Board of Directors, 7 p.m., Ox Hill Baptist Church
- 4th - September Ministry Conference Planning meeting, 10:00 a.m.—noon, Manassas Baptist Church
- 4th - Church Discipleship Group meeting, noon, Following Planning meeting
- 5th-7th - Senior High Retreat
- 5th-6th - John Leland Class— Christian Leadership: From the Second Chair
- 9th - Ministers Fellowship, 10:30 a.m., Memorial Baptist Church, Web Site discussion
- 13th - Missions Unlimited Annual Meeting, 2 p.m. Haymarket Baptist Church
- 16th-17th - Star Leaders Retreat, Virginia Theological Seminary, Alexandria
- 20th - Disaster Response Training, FBC Alexandria
- 27th - LifeWay's VBS Training Clinic for Hispanics and Koreans, Light Global Mission Church, 9:30 a.m.—1:30 p.m.
- 27th - Librarian Coffee and Chatter, 10:00 a.m.-11:30 a.m. Parkwood Baptist Church

April

- 10th - LifeWay VBS Clinic, Calvary Road Baptist Church, 6811 Beulah St., Alexandria, VA 22310
- 17th - Women's Network Conference, FBC Woodbridge
- 27th - Ministers and Administrative Professionals Appreciation Luncheon, 11:00 a.m., Plymouth Haven Baptist Church